

bakelseastafrica.com





SB STANDARD BREAD (4.5% BREAD PREMIX)

INGREDIENTS

Group Ingredients

Ingredient Bread Flour SB Standard Premix Yeast Water KG 65.000 3.000 1.000 39.000 Total Weight: 108.000

METHOD

Place all ingredients into the mixing bowl. Mixing time depends on type of mixer used. Dough temperature 28° C - 30° C. Floor time 10 minutes. Scale as required. First proof 10 minutes. Mould as required. Final proof ±50 minutes. Bake at ±240°C with steam at start of baking.